BOREDOM LAB KIT - 15 Prompts

MATERIALS FOR YOUR BOREDOM BOX:

Cardboard box, Tape and scissors, Stones and pebbles, Fabric scraps, Blank paper and crayons, String and buttons.

PROMPTS (Choose one when boredom strikes):

1. What can this box become? (Castle, spaceship, house?)

2. Build a home for a tiny creature you invent.

3. Make a map of an imaginary island.

4. Draw what boredom looks like.

5. Sort your stones by size, color, and "story."

6. Create a secret language with just 5 words.

7. What if we had no toys at all? What would you play?

8. Build the tallest thing that can stand and then fall.

9. Make a gift for someone using only 3 materials.

10. Design a machine that does something silly.

11. Write a letter to your future self.

12. Build a bridge that can hold a small stone.

13. Create a new animal and name it.

14. Make up a dance that tells a story.

15. Invent a new game using only what's in the box.

RULE: No screens. No instructions. Just imagination.

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