FAMILY DIGITAL CHARTER TEMPLATE

We, the _____ Family, agree:

1. HUMAN-FIRST TIMES: ____ : ____ to ____ : ____ daily (No devices. Just us.)

2. PROTOCOL OF RESPECT: We speak to AI with kindness. "Please" and "Thank you" always.

3. SOURCE-SEEKERS: We don't just believe; we investigate. Check Grandma, a book, or a trusted source.

4. BOREDOM IS WELCOME: _____ minutes of tech-free boredom time daily.

5. LEGACY TIME: Weekly: 1 story, 1 photo, 1 recipe, 1 song.

6. SLEEPING BASKET: All devices sleep in a common area overnight.

7. ASK "WHY" BEFORE "WHAT": Before asking the AI, ask: "What do YOU think?"

Signed:

Child: _____ Parent: _____

Date: _____

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